



## VOLUNTEER RESPONSIBILITIES AND EXPECTATIONS

- Volunteer(s) should arrive at a KidneyMobile® screening approximately **30-45 minutes** prior to the scheduled time of the event. **(ALL Volunteers will be trained at their work stations on the day of the screening)**
- Volunteer(s) should wear business casual clothing or scrubs (*no blue jeans*).
- Volunteer(s) should arrive at the event or screening ready to work.
- Volunteer(s) will be given an assignment to do at screening station, assist with the flow of traffic at the screenings and/or assist in other areas.

### A VOLUNTEER WILL BE ASKED TO PARTICIPATE IN ONE OF THE FOLLOWING:

- **Registration:** Assist the participants with completing a questionnaire on the laptop computers.  
(*Volunteer should be able to type information on laptop/computer*)  
(2-3 Volunteers Needed)
- **Blood Pressure:** The pressure of the blood against the walls of the blood vessels, especially the arteries. Untreated and/or undiagnosed high blood pressure can cause kidney disease. Normal blood pressure is below 120/80.  
(*Volunteer must feel comfortable administering blood pressures without using the automatic cuffs*)  
(2-3 Volunteers Needed)
- **Blood Glucose:** This finger prick is used to assess how much glucose (*sugar*) is in your blood. Diabetics and others may have an HbA1c test that provides a 3-month 'snapshot' of the amount of sugar attached to red blood cells.  
(*Volunteer must be able to prick the finger using a small amount of blood*)  
(3-4 Volunteers Needed)
- **Body Mass Index (BMI) & Waist Circumference:** Body Mass Index (BMI) is the relation of height to weight, and waist circumference is a simple measurement of the waist. Obesity can cause diabetes and cardiovascular complications.  
(*Volunteer should assist the participants when they are stepping on the scale, and they use a measuring tape to get the participants waist size*)  
(2-3 Volunteers Needed)
- **Urinalysis:** A urine sample determines if there is an infection or if there are microscopic amounts of protein present. This can be an early sign of kidney disease, sometimes referred to as "spilling protein".  
(*Volunteer will use a dipstick to place in the urinalysis machine to see the levels of protein in the participant's urine*)  
(6 Volunteers Needed)
- **Blood Draw:** A blood draw provides information on serum Creatinine and eGFR, an estimation of kidney function.  
(*Volunteer must be a licensed phlebotomist that has been performing blood draws on individuals within the last 2-3 months*)  
(1-2 Volunteers Needed)
- **Private Consultation:** The NKFI wants to make sure they understand their screening results and important next steps to better their health. Each participant will have a private consultation at the end of the screening where they will receive their individual test results.  
(*Volunteer must be a doctor, nurse, or nurse practitioner*)  
(2-3 Volunteers Needed)

**Volunteers are asked not to leave screening stations unattended, and are asked not to participate in the screenings unless otherwise requested!**